

MainStreet Veterinarians of Stone Mountain NRT Symptom Survey for Dogs

A System Approach to Identifying Vitamin and Mineral Imbalances and Organ Distress
Restricted to Professional Veterinary Use.

CHART _____ PATIENT _____ AGE _____ Weight _____ OWNER _____
DATE _____

INSTRUCTIONS: Circle the number that applies to you. **If symptom doesn't apply, leave blank.** Use **(1)** for **MILD** symptoms (occurs once or twice a month), **(2)** for **MODERATE** symptoms (occurs several times a month), and **(3)** for **SEVERE** symptoms (you are aware of it almost constantly).

GROUP ONE

- | | | |
|---|--|---|
| 1 - 1 2 3 Dry mouth-eyes-nose | 2 - 1 2 3 Keyed up, fails to calm | 3 - 1 2 3 Nervous |
| 4 - 1 2 3 Unable to relax, startles easily | 5 - 1 2 3 Obsessive compulsive behavior | 6 - 1 2 3 Vomits easily w/excitement |
| 7 - 1 2 3 Tends toward aggression | 8 - 1 2 3 Fear biter | 9 - 1 2 3 Paws sweat readily |
| 10 - 1 2 3 High anxiety | 11 - 1 2 3 Isolates away from family or pets | |
| 12 - 1 2 3 Afraid of storms, fireworks | 13 - 1 2 3 Cannot adapt easily to changes in home routine | |

GROUP TWO

- | | |
|---|---|
| 14 - 1 2 3 Joint stiffness after arising | 15 - 1 2 3 Eyes or nose watery |
| 16 - 1 2 3 Always seems hungry | 17 - 1 2 3 Eats dirt |
| 18 - 1 2 3 Couch potato-like attitude | 19 - 1 2 3 Constipation, diarrhea, alternating |
| 20 - 1 2 3 Slow starter, slow mover | 21 - 1 2 3 Circulation poor, sensitive to cold |
| 22 - 1 2 3 Subject to respiratory infection | 23 - 1 2 3 Sleeps more than used to |
| 24 - 1 2 3 Not interested in much of anything including food | |

GROUP THREE

- (A)**
- | | | |
|--|---|------------------------------------|
| 25 - 1 2 3 Trembles, episodes of weakness | 26 - 1 2 3 Seizures | 27 - 1 2 3 Disoriented |
| 28 - 1 2 3 Increased water consumption | 29 - 1 2 3 Urinating frequently large amount | 30 - 1 2 3 Hungry often |
| 31 - 1 2 3 Change in appearance of eyes | 32 - 1 2 3 Weight loss | 33 - 1 2 3 Behavior changes |
- (B)**
- | | | |
|--------------------------------------|---|---|
| 34 - 1 2 3 Increased sleeping | 35 - 1 2 3 Decreased activity level | 36 - 1 2 3 Wheat, rice, corn in diet |
| 37 - 1 2 3 Overweight | 38 - 1 2 3 Can not lose weight with diet | 39 - 1 2 3 Appetite varies |
| 40 - 1 2 3 Eats feces | 41 - 1 2 3 Passes a lot of gas | |

GROUP FOUR

- | | | |
|---|--|---|
| 42 - 1 2 3 Exercise intolerance | 43 - 1 2 3 Significant loss muscle mass | 44 - 1 2 3 Fainting, collapse |
| 45 - 1 2 3 Cough, especially at rest | 46 - 1 2 3 Disoriented | 47 - 1 2 3 Swelling in rear legs |
| 48 - 1 2 3 Abdominal enlargement | 49 - 1 2 3 Rear legs tremble, weak | 50 - 1 2 3 History of heartworms |
| 51 - 1 2 3 Difficulty breathing, shortness of breath | | |

GROUP FIVE

- (A)**
- | | | |
|--|---|--------------------------------------|
| 52 - 1 2 3 On meds over long time | 53 - 1 2 3 Stool watery or diarrhea | 54 - 1 2 3 Appears bloated |
| 55 - 1 2 3 Recent onset allergies | 56 - 1 2 3 Seizures, tremors | 57 - 1 2 3 Change in appetite |
| 58 - 1 2 3 Stands with back arched | 59 - 1 2 3 Elevated cholesterol, lipase, triglycerides | |
| 60 - 1 2 3 Lethargic, depressed, restless | 61 - 1 2 3 Frequent anesthetics, multiple surgeries | |
- (B)**
- | | | |
|--|--|---|
| 62 - 1 2 3 Increased shedding | 63 - 1 2 3 Food sensitivities | 64 - 1 2 3 Ocular discharge |
| 65 - 1 2 3 Red eyes or ears | 66 - 1 2 3 Swollen puffy eyes | 67 - 1 2 3 Itching or squinting eyes |
| 68 - 1 2 3 Anal Sac problems | 69 - 1 2 3 Rubs at ears or face | 70 - 1 2 3 Scooting |
| 71 - 1 2 3 Licks or chews at feet or anus | 72 - 1 2 3 Crusty lip sores | 73 - 1 2 3 Red tummy |
| 74 - 1 2 3 General itchiness | 75 - 1 2 3 Gas | 76 - 1 2 3 Sporadic vomit/diarrhea |

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GROUP SIX

- 77 - **1 2 3** Vomits after fatty meal
- 80 - **1 2 3** Halitosis
- 83 - **1 2 3** Pale-colored stool
- 86 - **1 2 3** Stomach distress common
- 78 - **1 2 3** History of pancreatitis
- 81 - **1 2 3** Recurrent diarrhea
- 84 - **1 2 3** Rancid odor to stool
- 79 - **1 2 3** Middle-aged female
- 82 - **1 2 3** Intermittent vomiting
- 85 - **1 2 3** Poor coat

GROUP SEVEN

(A)

- 87 - **1 2 3** Hyperactive
- 88 - **1 2 3** Weight loss
- 89 - **1 2 3** Increased skin temperature
- 90 - **1 2 3** Racing heart

(B)

- 91 - **1 2 3** Increased shedding
- 94 - **1 2 3** Dry, scaly skin
- 97 - **1 2 3** Elevated blood cholesterol
- 100 - **1 2 3** Depression, mentally dull
- 103 - **1 2 3** Increased pigment to skin
- 106 - **1 2 3** Dry eyes, change in eyes
- 92 - **1 2 3** Thinning, sparse coat, bald spots
- 95 - **1 2 3** Oily, greasy coat
- 98 - **1 2 3** Cold intolerant, likes warm
- 101 - **1 2 3** Exercise intolerant
- 104 - **1 2 3** Obese or can't lose weight
- 107 - **1 2 3** Weak knee ligaments
- 93 - **1 2 3** Warts
- 96 - **1 2 3** Weak pulse
- 99 - **1 2 3** Fatty tumors
- 102 - **1 2 3** Back/neck problems
- 105 - **1 2 3** Stiff gait

(C)

- 108 - **1 2 3** Failing memory
- 109 - **1 2 3** Abnormal thirst
- 110 - **1 2 3** Weight gain around rear end
- 111 - **1 2 3** Neutered male retains sexual activity
- 112 - **1 2 3** Abnormal heat cycles of intact females
- 113 - **1 2 3** Intact female: no heat cycle

(D)

- 114 - **1 2 3** Excessive water consumption
- 117 - **1 2 3** Thin skin
- 120 - **1 2 3** Lethargic
- 123 - **1 2 3** Muscles weak
- 126 - **1 2 3** Decline in arthritic symptoms
- 115 - **1 2 3** Increased urination
- 118 - **1 2 3** Panting all the time
- 121 - **1 2 3** Change in behavior
- 124 - **1 2 3** Distended abdomen
- 116 - **1 2 3** Abnormal urination
- 119 - **1 2 3** Respiratory distress
- 122 - **1 2 3** Pacing
- 125 - **1 2 3** Weak knees

(E)

- 127 - **1 2 3** Weakness
- 130 - **1 2 3** Intermittent anorexia
- 133 - **1 2 3** Intermittent vomiting and diarrhea
- 128 - **1 2 3** Depression
- 131 - **1 2 3** Weak pulse
- 129 - **1 2 3** Slow heart
- 132 - **1 2 3** Collapse

GROUP EIGHT

- 134 - **1 2 3** Older dog
- 136 - **1 2 3** History of knee or hip surgery
- 138 - **1 2 3** Back or disc problems
- 140 - **1 2 3** Has had ligaments damaged
- 142 - **1 2 3** Bone spurs or enlarged joints
- 144 - **1 2 3** Rapidly accumulates tartar on teeth
- 135 - **1 2 3** Difficulty getting up and down
- 137 - **1 2 3** Arthritic, degenerative joint disease
- 139 - **1 2 3** Losing muscle tone in legs or back
- 141 - **1 2 3** Healing fracture in body
- 143 - **1 2 3** Suffering from a sprain or strain

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IMPORTANT

TO THE OWNER: Please list below the five main physical and or health complaints for this pet in order of their importance:

- 1. _____
- 2. _____

3. _____
4. _____
5. _____

OTHER COMMENTS YOU WOULD LIKE TO MAKE:

GROUP NINE

145 - **1 2 3** Abnormal/frequent urination 146 - **1 2 3** History of bladder infections 147 - **1 2 3** Kidney disease
148 - **1 2 3** Licking at penis or vulva 149 - **1 2 3** History of bladder stones 150 - **1 2 3** Leaking urine
151 - **1 2 3** Painful urination 152 - **1 2 3** Wants to go outside more often

GROUP TEN

153 - **1 2 3** Increased shedding 154 - **1 2 3** Itching 155 - **1 2 3** Red bumps to skin
156 - **1 2 3** Scabs or crusts to skin 157 - **1 2 3** Dandruff, flaking 158 - **1 2 3** Body or ear odor
159 - **1 2 3** Skin crawls 160 - **1 2 3** Poor fur quality 161 - **1 2 3** Sores on skin
162 - **1 2 3** Changed skin appearance 163 - **1 2 3** Frequent infections 164 - **1 2 3** Rubs at ears
165 - **1 2 3** Moisture under front/rear legs 166 - **1 2 3** Goopy ears 167 - **1 2 3** Shakes head
168 - **1 2 3** Repeatedly taken prednisone 169 - **1 2 3** Odor that returns shortly after bath